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Спортивная Психология

Междисциплинарные прикладные исследования

Введение

Реферативно-библиографическая база данных PsycINFO, издаваемая Американской Психологической Ассоциацией, предлагает широкий диапазон информации для исследователей, университетской профессуры, студентов и специалистов в различных областях знания. PsycINFO является неоценимым инструментом для поиска научной литературы по психологии и поведению человека.

Спортивная психология - это отрасль психологии, изучающая психологические и физиологические основы физической активности человека и их приложение к деятельности атлетов.

С увеличением числа исследований в этой области, охват литературы по спортивной психологии в PsycINFO естественно будет расширяться.

Результаты Поиска: Краткий Перечень Ссылок

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Abstract

Recent developments in social-cognitive personality theory have promising applications to sport psychology. Of special significance is Mischel and Shoda's (1995) description of the Cognitive-Affective Processing System (CAPS), a dynamic network of cognitive, affective, motivational, and behavior-generation units that interacts with situational factors to produce both coherence and cross-situational variability in behavior. Consistency in situation-behavior relations are demonstrated in individualized "behavioral signatures" of athletic coaches. The CAPS model

has promise as a theoretical template within which domain-specific theoretical frameworks in sport psychology can be incorporated and expanded. To illustrate the potential utility of the CAPS model for construct elaboration, assessment of individual differences, and interventions in sport psychology, I apply it to analysis of mental toughness and to performance anxiety, achievement goal theory, idiographic assessment, and psychological skills training. Finally, I suggest that "bottom-up" approaches to identifying causal mechanisms, exemplified by the CAPS and other social-cognitive models, can have considerable potential for theoretical, empirical, and applied advances in sport psychology. (PsycINFO Database Record © 2006 APA, all rights reserved)

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